

2025 EDITION

COLLECTION

CABOURG
OUISTREHAM
CARNAC
ROYAN
ARCACHON
SAINT-JEAN-DE-LUZ
PORT-CAMARGUE
BANDOL*****
ANTIBES





Welcome to Thalazur,

On course for sustainable development! In 2025, indulge in a bespoke Thalazur hotel, where environmental commitment reigns supreme. 8 of the 9 establishments in our Collection* have been awarded the Green Key International label, which honours their involvement in developing ecologically-virtuous and socially-responsible sustainable tourism. World-renowned eco-certification, with highly-demanding criteria. Other great news: we're also proud to support the Fondation de la Mer (French Sea Foundation), to help protect this vital resource that we owe so much to. These two milestones, key priorities in our own growth, exemplify our CSR commitment. And, we're delighted to share this move forward with you.

Other new offers are in store for you this year again too, beginning with the opening in June of a 4-star residential hotel complex at the heart of our magnificent Thalazur Arcachon estate. Then, in Carnac, the whole establishment has been given a make-over for 2025: a gigantic project that required the site to close for a few months. Exquisite refurbishment in the hotel, the Thalassotherapy centre and the spa, creation of extensively-open, landscaped spaces where noble materials take pride of place, namely wood: you'll be surprised and enchanted by this amazing transformation. Our Breton hotel is set to reopen this summer for accommodation and in the autumn for treatments. We can't wait to enjoy this new adventure with you!

Last, but not least, a host of incredible new getaways for you to discover in all our destinations. Time to relax and wind down with our Restful Sleep interlude in Ouistreham, our Mental Getaway interlude in Royan, our Baby Moon interlude in Bandol, our Peace of Mind programme in Antibes, our Digital Detox programme in Port-Camargue, and many more... You have our word, you'll head back home after your Thalazur getaway totally relaxed, re-energized, revitalized!

**Apart from Thalazur Carnac hotel for the moment*

Fabienne Bussor
Thalazur Brand Director

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SEAWATER... OUR KEY FOCUS

Thalassotherapy, a wave of benefits for your health

Seawater, genuine blue gold, is the essence of Thalassotherapy: without it, thalasso wouldn't exist.

It's made up of mainly water and salt (sodium chloride) and is drawn from the sea along our coasts. It also overflows with trace elements and mineral salts that are vital for our balance. A gift from Mother Nature!

The secrets of your thalasso treatment

Three 100% natural elements are intrinsically linked in a Thalassotherapy treatment programme.

Precious seawater

The sea has this incredible power of boasting virtually all the minerals our body needs: a total of some 104 minerals (sodium, calcium, potassium, magnesium, etc.) and trace elements (zinc, iodine, iron, etc.). It also contains phytoplankton, known for its antiviral and antibacterial properties. When you immerse yourself in water heated to over 35°C, through osmosis, your body draws in all the elements it needs to counter any deficiencies.

Seaweed and sea mud, brown gold

Seaweed comprises seawater, mineral salts, trace elements, vitamins, etc. It's used to enrich baths and body wraps, two can't-

do-without treatments in our 9 hotels. This fusion of benefits remineralizes, detoxifies, moisturizes and deeply relaxes. Our sea mud acts as a wonderful natural relaxant and painkiller.

Marine climate, vital spark of life
Thanks to its ever-so pure air, its accumulation of negative ions and iodine, its wind, its hours of sunshine, its stable, high atmospheric pressure and its moisture levels, the marine climate is one of the bedrocks of Thalassotherapy. Marine air, blended and bursting with seawater microparticles, boosts our cardio-respiratory system, improves our metabolism, strengthens our immune system and deeply soothes. Indulge in this vital breath of fresh, pure air during your getaway by the sea...

OVER 20 YEARS OF EXPERTISE

The art of Thalassotherapy, French-style excellence

France is the historic heartland of Thalassotherapy and THE global reference for its know-how and expertise, its experience, its high standards and its spirit of innovation. Be it the North Sea, the Channel, the Iroise Sea, the Atlantic Ocean or the Mediterranean, every region has its own identity and is totally one-of-a-kind, with coastlines offering spectacular scenescapes and a wide array of climates.

Be tempted! Thalazur has been France's leading Thalassotherapy specialist for several years now and boasts 9 incomparable destinations, each nurturing its uniqueness in enchanting, privileged settings. An iconic player, renowned for its great expertise in the treatment field, its state-of-the-art facilities, its unrivalled treatments and its getaways tailored to today's new needs.

Attentive, bespoke care

You'll be warmly welcomed by highly-qualified staff, on hand to meet your every desire, in all our 4- and 5-star Interludes. Our thalasso treatments (or hydrotherapy treatments), such as hydromassage sea baths, jet showers, oscillating showers, seawater-mist massages, and more are all carried out by fully-trained hydrotherapists. Lie back, relax and fill up on marine elements: our experts are here to pamper you and look after you throughout your stay.

Thalasso, natural luxury

Individual treatments in all our thalasso centres, are performed using pure, filtered seawater that's free from chemical treatment. This water is freshly drawn from the sea along our coasts and constantly renewed to ensure it preserves all its richness and benefits. And, this is what makes thalasso so special: it's totally one-of-a-kind and exclusively found along the coast.

Through its eco-friendly approach, Thalazur is committed to resource sustainability and favours local supply, when and where possible. As such, the sea mud used in our treatments is sourced in estuaries in Finistère, for its high calcium content. A treasure chest overflowing with minerals within our reach...



THALAZUR BREAKS 2025

Cabourg PEACEFUL SLEEP PROGRAMME

(6 days | 24 treatments). This holistic programme enhances the quality of your sleep through natural practices, healthy routines and targeted treatments for disorders such as insomnia, night-time waking and chronic fatigue.

Ouistreham RESTFUL SLEEP INTERLUDE

(3 days | 9 treatments). Getting a good night's sleep is vital if you wish to have a great day. This interlude focuses on improving the quality and duration of your sleep through natural practices, lifestyle adjustments and targeted actions.

Royan MENTAL GETAWAY INTERLUDE

(3 days | 9 treatments). A wellness approach for releasing mental tension, unloading emotional burdens and allowing yourself the freedom not to control everything. An interlude to focus on what matters

**Arcachon
RECONNECTING
& NATURE GETAWAY** (6 days). Nature and human beings are the focus of this getaway, which is different to a traditional thalasso programme. This transformational, holistic break offers you an opportunity to recharge your batteries, switch off from everyday life, relax and restore physical and mental harmony through original experiences.

**Saint-Jean-de-Luz
MENTAL PEACEFULNESS
PROGRAMME** (6 days | 24 treatments). This interlude is specifically designed to promote mental relaxation and reawakening. It combines advanced relaxation techniques, therapeutic treatment and awareness activities to help you reduce stress and improve your overall wellness. A series of practices designed to give you total peace of mind, relief from stress and to help you nurture a feeling of inner tranquillity.

**Port-Camargue
DIGITAL DETOX PROGRAMME** (6 days | 24 treatments). The aim is to reduce your use of electronic devices and social media, and reconnect with yourself and your environment. It reduces stress, helps you recover mental focus and promotes better quality of life by setting you free from digital dependency.

**Bandol
BABY MOON INTERLUDE** (3 days | 6 treatments). Pregnancy is a very special time in a woman's life, but also in a couple's life. Our short "Baby Moon" interlude is a cocooning break where mums-to-be can enjoy expert treatment in an idyllic setting... A real honeymoon-moment to indulge in when pregnant.

**Antibes
PEACE OF MIND PROGRAMME** (6 days | 24 treatments). This programme invites you to discover an experience where you'll switch off and wind down completely, feel soothed, delight in a sense of inner peace and total wellness. This programme, especially designed for people suffering from professional and/or mental burnout, offers you a well-deserved break where you can recharge your batteries and recover personal balance. Participants will learn to create new routines to begin each day in a positive, worry-free way.



THALAZUR TREATMENTS FOR WOMEN

No matter how young or old they are, women and women's wellness is a key focus in our 9 Thalazur establishments. Whether you're a young mum, in remission from cancer or subject to hormonal imbalances, you'll discover ever-attentive staff on hand for you and bespoke treatments in all our destinations. Menopause, synonymous with the beginning of physical and psychological change, is at the very heart of our programmes.

Our Menopause programme, expertise luxury

Over the past year, Thalazur has been accompanying you with its **Menopause programme** in Ouistreham, Royan, Arcachon, Saint-Jean-de-Luz, Port-Camargue and Antibes, to ensure you experience this transformation in a wonderfully-positive way.

Hand-in-hand with **Sophie Kune**, influencer and author of *Game is not ovaire* (in French), and **Dr Michel Mouly**, gynaecologist specializing in menopause, **our Thalazur experts have imagined a unique 6-day treatment programme**. Our specially-trained teams will welcome you warmly and offer you premium-quality treatment, **based on 5 essential pillars**, which you'll discover during your stay, where you'll learn to understand and relieve the signs of menopause, accompanied and pampered by our teams, in a wonderfully-cosy atmosphere by the sea.

Post-cancer treatment for women in Cabourg

This programme is designed for women who are between treatments or who have been affected by the illness and wish to reconnect harmoniously with their body. Our Cabourg team invites to discover a relaxing interlude where women can rediscover themselves and be at one with their body.

Our one-of-a-kind, groundbreaking Epigenetic programme

Epigenetics, a major scientific breakthrough, **reveals how our environment and lifestyle** (diet, stress, physical activity, smoking, etc.) can influence gene expression, as 75% of our health capital is based on epigenetics and only 25% on genetics.

Our expert Epigenetic programme (6 days, 24 treatments + activities), created under medical supervision, offers bespoke care that's tailored to your needs and that **focuses on five pillars: diet, physical activity, managing stress, social interaction and enjoying life**.

In addition to thalasso and spa treatments bursting with marine minerals and trace elements, adapted targeted and physical workshops are also included. A personal journal will help you continue to reap the benefits of your stay in one of our 4-star establishments.

**Your overall health is our priority.
Take control of your health, thanks to
Thalazur's Epigenetic programme.**

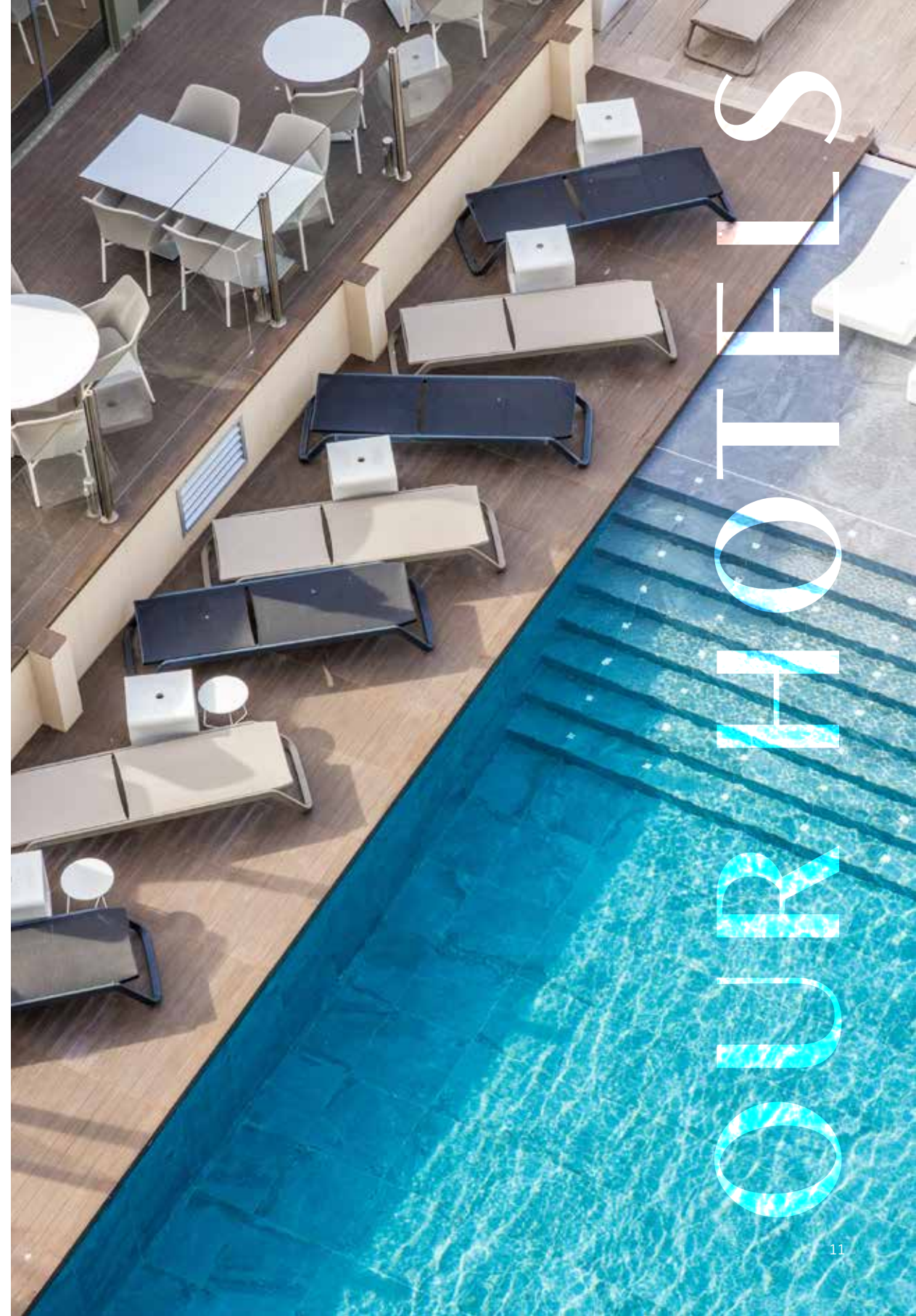
Welcome to our 9 Thalazur hotels

Our Thalazur hotels have been imagined to offer you unforgettable getaways, in establishments where comfort and wellness reign supreme. You'll be warmly welcomed by our teams who are on hand just for you, everywhere in our Thalassotherapy centres and in our hotels, designed as real inviting spaces where you'll feel totally at home.

Whether you choose to come alone, with family or friends, you'll be looked after and pampered throughout your stay. 9 seaside destinations where you'll be able to recharge your batteries, wind down and/or work in prestigious, outstanding establishments, along the waterfront...



Hospitality, comfort, service and wellness,
exceptional art of living in our Thalazur
Collection!





Our Rooms and Suites, blissful cocoons

You'll discover establishments in our hotel Collection that have been refurbished and imagined to diffuse a perfect balance between modernity, authenticity and conviviality. Standard rooms, Superior rooms and/or Suites with all mod cons boasting a terrace and private jacuzzi: every room, no matter the category, invites to relax in a soothing, light-filled atmosphere. Whether you fancy a sea view or prefer looking out onto lush gardens, the choice is yours!

And, because your sleep is ever-so important to us, we let you into the secrets of how to get a peaceful night's sleep, a sort of bedtime ritual to read and listen to, imagined thanks to a valuable partnership with our sleep experts, to whisk you off to the land of dreams.

You'll benefit from our top-of-the-range services and bespoke care throughout your stay, everywhere. Delight in relaxing and recovering total peace of mind in the absolute comfort of our cosy, elegant spaces where the seaside spirit reigns. Where you can rest assured, you'll be settling down in a welcoming cocoon to enjoy an unforgettable getaway.

You'll feel right at home here.

Discover **les cinq S**

Eating well and enjoying... what more could you wish for! For several years now, Thalazur, forever ahead of the times, has been inviting you to delight in delicious, local cuisine, concocted using seasonal produce and promoting healthy, responsible consumption.

This sums up our Five S concept, imagined by our chefs: S for produce that is Seasonal filled with Savour, sourced from exceptional geographical Situations, cooked to perfection, Smartly, healthily and Simply.

A philosophy shared by all Thalazur hotels, yet each destination boasts its own bespoke menus filled with the goodness of its region. Nutritional quality, variety, freshness and traceability of products: behind every creative plate, there's a Chef at work.



At Thalazur, enjoy living better and eating well!

Relax, unwind, in our Seawater Spas...

Our holistic approach to wellness embraces fitness and spa sessions that promote a healthy lifestyle.

Offer: heated seawater pool, sauna, hammam, jacuzzi, fitness space and more... the perfect way to relax and end your day. While you're here, pay a visit to our boutique, treat yourself and treat your loved ones.

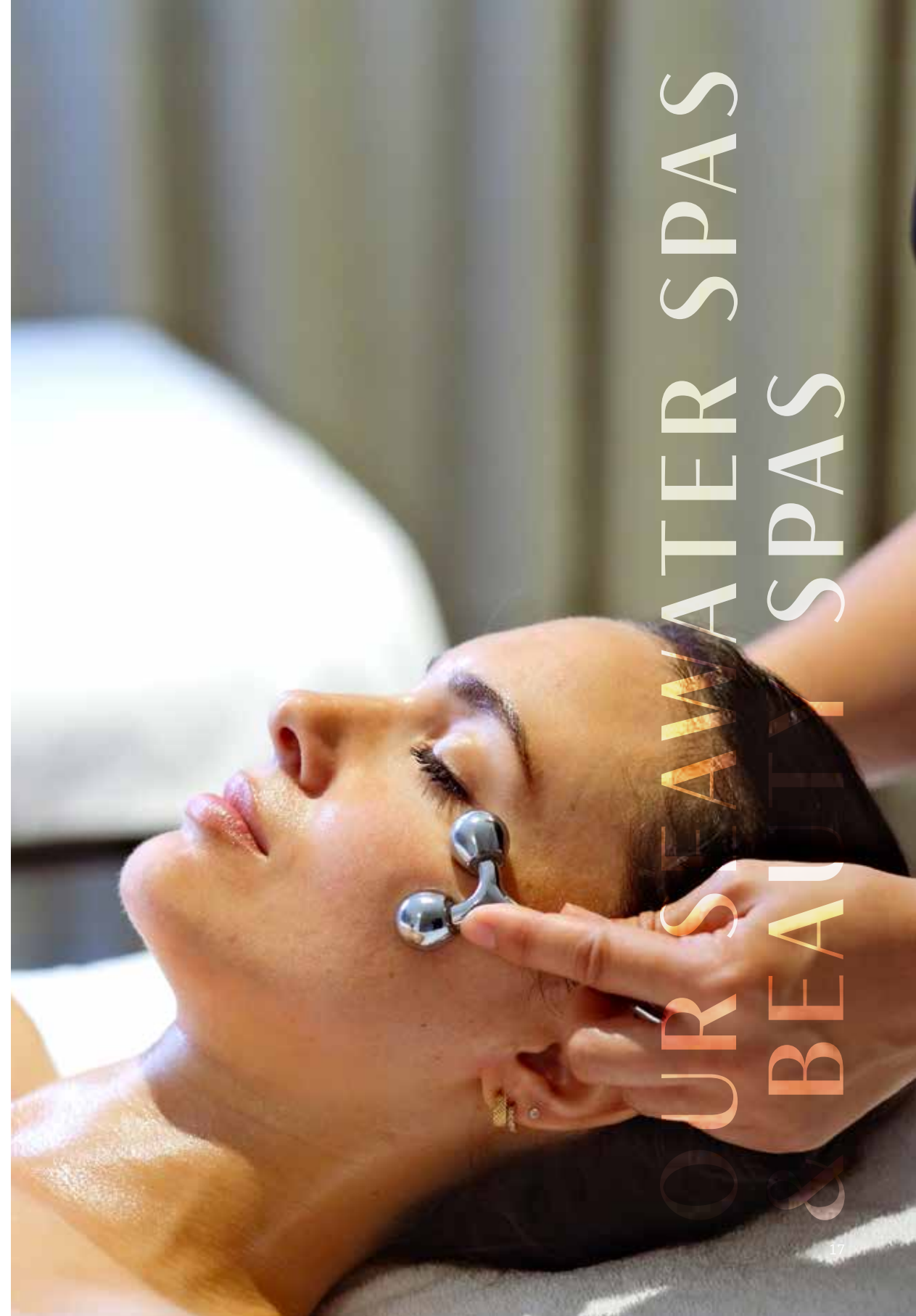


Indulge in a bespoke moment in our Beauty Spa!

Fancy discovering new sensations, pampering yourself and enjoying care that helps you stay young?

Body scrubs to exfoliate the skin, smooth the texture and optimize treatments. Massages from around the world diffusing unbelievably relaxing, rebalancing effects. Spa rituals for a half-day beauty or wellness interlude.

Expert facial treatments with anti-aging, purifying or radiance-enhancing effects. Slimming treatments to enhance your figure and remove cellulite...



OUR SEAWATER SPAS & BEAUTY SPAS

ESTABLISHMENTS



collection

a wave of wellness



Breathe, let go, you're in good hands!



Land, sea and sky merge at the tip of Cabourg and invite you to delight in a wellness break. Thalazur Cabourg, nestling in unspoilt natural surroundings, beckons you in: a great breath of fresh air guaranteed!

Hotel Thalazur Cabourg****

This establishment boasts 165 rooms and suites featuring a balcony or terrace, the panoramic Le Poisson d'Argent Restaurant and Bar with a terrace overlooking the sea, as well as 5 meeting rooms for your seminars and events. You can also enjoy the heated outdoor seawater pool (from April to September).

ON-SITE THALASSOTHERAPY & SPA

Seawater Spa

290 m² heated seawater trail with underwater jets, geyser, Cobra water blade, jacuzzi, massage seats, pedijets (foot baths), counter-current walkway.



Relaxation & fitness spaces

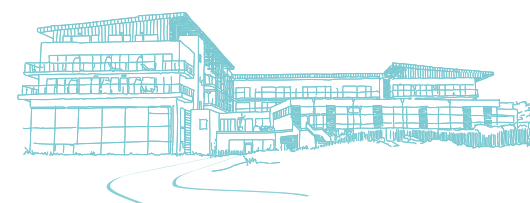
Sauna, hammams, fitness centre, rest room, solarium and herbal-tea lounge.

Hydrotherapy space

Hydrotherapy treatments such as: body wraps, baths, jet showers, seawater-mist massages, etc.

Beauty Spa

- Scrubs, massages, spa rituals, etc.
- Duo spa suite
- Full-body cryotherapy (cold therapy) chamber
- Individual Japanese sauna
- Thalgo Beauty
- Payot Beauty



PRACTICALS

- 24/7 reception
- Free private car park
- Family rooms and suites available
- Heated outdoor seawater pool (from April to September)
- Bike rental available
- Electric charging stations available

OUR ACTIVITIES NEARBY

- On-site: tennis courts, fitness trail, sea wading, Nordic walking, etc.
- Marcel Proust Promenade, the longest in Europe.
- 9- and 18-hole golf courses, lawn tennis, horse-riding, sand yachting, jet-skiing, etc.
- Race course, casino, Auge region villages, the Côte Fleurie (Flower-filled Coast): Houlgate, Deauville/Trouville, Honfleur, etc.



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14390 Cabourg
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cabourg@thalazur.fr



scan to access Thalazur Cabourg directly



An intimate haven, bathed in light, a short stroll from the harbour & marina and town centre. An authentic destination where nature reigns supreme, get a great breath of fresh air on the fine sandy beach, one of the most beautiful beaches in the Calvados region, and delight in waterfront pleasures.

Hotel Thalazur Ouistreham****

An establishment with 89 rooms and suites, Le Riva-Bella Restaurant and a bar with sea-view terrace, as well as 4 conference/event rooms. Make the most of our seawater spa & relaxation space too while you're here.

ON-SITE THALASSOTHERAPY & SPA

Seawater Spa

184 m² heated seawater trail with jacuzzi, underwater jets, aquabeds, whirlpool seats.
45 m² heated seawater treatment pool.



Relaxation & fitness spaces

Sauna, hammam, fitness centre, rest room, solarium and herbal-tea lounge.

Hydrotherapy space

Thalassotherapy treatments: seaweed body wraps, sea mud applications, hydromassage sea baths, etc.

Beauty Spa

- Scrubs, massages, rituals, etc.
- Expert treatments: aquatic relaxation, osteopathy, acupuncture, etc.
- Individual Japanese sauna
- Thalgo Beauty
- Payot Beauty



PRACTICALS

- Just 2 hrs from Paris and 15 min from Caen along the expressway
- Free access to the marine and wellness space
- Pay-access fitness classes (Pilates, yoga, aquabiking, etc.)
- Bike rental nearby
- Private car park (free)
- Electric vehicle charging stations

OUR ACTIVITIES NEARBY

- Bikeways just outside the establishment, 18-hole golf course, go-karting, miniature golf, horse-riding, sand yachting, catamaran, SUP, etc.
- Casino 50 metres away
- Discovering Normandy, from William the Conqueror's times to the June 1944 landings.



Boulevard du Commandant Kieffer,
14150 Ouistreham Riva-Bella
Tel: +33 (0)2 31 96 40 40
ouistreham@thalazur.fr



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Ouistreham directly

CARNAC

2025 OPENING



Carnac, your 100% Breton break. Carnac, a well-known seaside resort stretching along Quiberon Bay, welcomes you right at the heart of Southern Brittany. Enjoy a getaway in our entirely-refurbished, Green Morbihan-labelled establishment, set between the ocean and the salt marshes, and indulge in wellness and comfort in an up-to-the-minute, nature-focused atmosphere.

Hotel Thalazur Carnac**** a reimagined living environment

Here, everything has been exalted: the hotel, restaurants, the lounge bar, the thalasso centre, the spa and the outdoor spaces, in keeping with environmental standards. You'll discover 200 rooms and suites, perfect for families, as well as a *** holiday residence with 22 deluxe studios and 12 apartments, infused with a wonderfully-relaxing, elegant atmosphere. A space bathed in total peace and quiet is available for seminars, along the edges of the salt marshes, just a stone's throw away from a beautiful white sandy beach.

ON-SITE THALASSOTHERAPY & SPA

Take advantage of our Thalassotherapy centre and Seawater Spa, redesigned across some 4,500 m² where you'll enjoy a one-of-a-kind experience. For a break between two exclusive organic treatments, relax in our 2,500 m² spa devoted to wellness: heated seawater pool, open-air jacuzzi, indoor and outdoor seawater trail with massage beds, whirlpool baths, geysers and counter-current swimming, etc.

Relaxation & fitness spaces

Sauna, rest room, solarium, tropical gardens, fitness space with over 40 machines: treadmills, bicycles, elliptical trainers, etc.

Hydrotherapy space

Hydrotherapy treatments, body wraps, etc. Treatments from around the world, physiotherapy treatments & massage, full-body cryotherapy (cold therapy) chamber and individual Japanese sauna.

Beauty Spa

- Scrubs, massages, rituals, etc.
- Thalgo Beauty
- Payot Beauty



PRACTICALS

- Green Morbihan-labelled hotel and Thalassotherapy resort
- Free access to the Seawater Spa and relaxation & fitness spaces for all guests staying at the hotel or residence
- Shuttle service available, subject to the resort's terms & conditions
- Traditional and health-food restaurants
- Bike rental nearby (from April to October)
- Family benefits
- Private car park (free)

OUR ACTIVITIES NEARBY

- On-site: private fitness trail on Bird Island
- 8 tennis courts (in summer)
- Yacht Club at 200 m
- 18-hole golf course
- La Trinité-sur-Mer and its marina, Gulf of Morbihan cruises, Saint-Déan authentic Breton village, megalithic sites, etc.



Avenue de l'Atlantique
56340 Carnac
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scan to access Thalazur Carnac directly



It's THE must-visit seaside resort in Charente-Maritime and capital of the Côte de Beauté (Beauty Coast)! Thalazur Royan, nestling between the Côte Sauvage (Wild Coast) and the Gironde estuary, invites you to enjoy its easy-going lifestyle in an unspoilt setting, along the Atlantic Ocean.

Hotel Thalazur Royan****

The establishment, which was totally refurbished in spring 2023, features 83 rooms, the panoramic Le Fâ Restaurant and Bar with a sea-view terrace, as well as 6 meeting rooms for your seminars and events. You can also take time out at the outdoor seawater infinity pool, overlooking the ocean.

ON-SITE THALASSOTHERAPY & SPA

Seawater Spa

140 m² heated seawater trail, opening out onto the ocean and heated seawater treatment pool.



Relaxation & fitness spaces

Sauna, hammam, solarium, herbal-tea lounge and cardio-fitness room.

Hydrotherapy space

Hydrotherapy treatments: body wraps, baths, jet showers, seawater-mist massages, etc.

Beauty Spa

- Expert treatments: Chi Nei Tsang, restful sleep treatment, AXO method treatment, etc.
- Scrubs, massages, rituals, etc.
- Thalgo Beauty
- Payot Beauty



PRACTICALS

- Free access to the Seawater Spa and relaxation & fitness spaces
- More than 30 gym and aquagym classes over your week-long break
- Bike and e-bike rental on site
- Numerous bikeways starting out from the hotel
- Free private car park or pay-per-use individual garage
- Pay-per-use charging stations outdoors

OUR ACTIVITIES NEARBY

- Fitness trail, tennis (16 courts adjacent to the hotel), 2 18- and 9-hole golf courses at 7 km, horse-riding centre, surfing, sailing, boat trips, etc.
- Les Conches Beaches and their fishermen's huts-on stilts, La Palmyre Zoo, Cordouan Lighthouse, Talmont, Marennes Oléron oysters, Pineau and Cognac vineyards, etc.



6, allée des Rochers
17200 Royan
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scan to access Thalazur Royan directly



Thalazur Arcachon, set between the dunes and the ocean, and just a stone's throw from the beach, invites to delight in a re-energizing getaway. This establishment, nestling among lush gardens, conjuring up all the heritage of Arcachon Bay with its unspoilt nature, invites you to wind down and switch off completely.

Hotel Thalazur Arcachon****

The 124 rooms and suites featuring a balcony or a terrace, overlooking the pine forest or the gardens, harmoniously blend up-to-the-minute design and natural light in a calming atmosphere. Enjoy deliciously-gourmet moments at the Côté d'Arguin Restaurant, featuring a terrace and pergola, as you indulge in its highly-inventive local cuisine.

ON-SITE THALASSOTHERAPY & SPA

Wind down in the Seawater Spa

The Spa, set under a canopy of pines, invites you to relax and treat yourself to all the goodness of the sea. While you're here, take advantage of the 240 m² heated seawater trail with jets, swan necks, aquabeds, counter-current swimming, etc. And, for your treatment, head over to the 60 m² pool reserved exclusively for your wellness.



Relaxation & fitness spaces

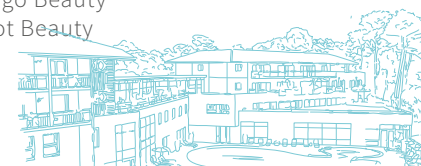
Sauna, hammams, cardio-fitness room, rest room and solarium.

Hydrotherapy space

Seawater-mist massages, seaweed body wraps on floating beds, hydromassage sea baths with chromotherapy, etc. to take full advantage of all the benefits of the sea

Beauty Spa

- Healthcare professionals on hand for you: general practitioner, physiotherapist, osteopath, naturopath, etc.
- Duo spa suite with jacuzzi
- Individual Japanese sauna
- Thalgo Beauty
- Payot Beauty



PRACTICALS

- 100 metres from Arcachon's most beautiful beach
- 280 m² outdoor seawater pool
- Free access to the Seawater Spa and relaxation & fitness spaces
- Solarium with vista over the pine forest and gardens
- Bike and e-bike rental on site
- Private car park (free) with electric charging stations

OUR ACTIVITIES NEARBY

- On-site: pétanque ground, start of bikeways
- 18-hole golf course, 22 tennis courts at 100 m, sailing, boat trips, etc.
- Pereire Beach, Arcachon's Ville d'Hiver district, fishermen's huts-on-stilts, Pyla Dune, Cap Ferret, the bay's oysters, the ornithological reserve, etc.



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Delight in an unforgettable interlude in this totally-refurbished establishment, located on the waterfront, between the Atlantic Ocean and the mountains, in Donibane Lohizune, the pearl of the Basque Coast.

Hotel Thalazur Saint-Jean-de-Luz****

This establishment boasts 165 rooms and suites, including 4 duplex ones with sea-view terrace, as well as meeting rooms for your seminars and events. Enjoy time out in the panoramic L'Hélianthal Restaurant and Bar with its terrace overlooking the ocean, or in the Erdiko tapas & gourmet treats bar with a terrace on the patio.

ON-SITE THALASSOTHERAPY & SPA

Seawater Spa

300 m² heated seawater trail with underwater jets, swan necks, sauna, hammam, etc. 20 m² heated seawater treatment pool.



Relaxation & fitness spaces

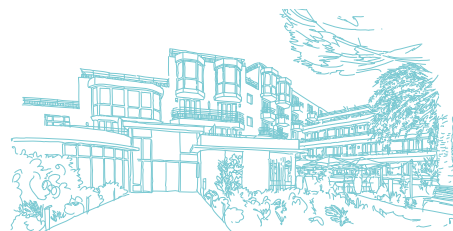
Fitness centre, cardio-training room, rest room and herbal-tea lounge

Hydrotherapy space

Hydrotherapy treatments, body wraps, individual Japanese sauna, etc.

Beauty Spa

- Scrubs, massages, rituals, etc.
- Duo spa suites
- Thalgo Beauty
- Payot Beauty



PRACTICALS

- Totally refurbished in 2020/2021
- At the very heart of the town, right on the beach, in Saint-Jean-de-Luz Bay.
- Direct access to the beach
- Free access to the seawater spa and relaxation & fitness spaces
- Biarritz Airport 15 km away and train station at 700 m
- Shuttle service: free airport/hotel transfer for thalasso guests (6-day programmes), prior booking required.

OUR ACTIVITIES NEARBY

- 18-hole golf course (Chantaco, La Nivelle), tennis, SUP and outrigger canoeing in Saint-Jean-de-Luz Bay, etc.
- Discovering the region and typical Basque Country villages (Espelette, Saint-Jean-Pied-de-Port),
- the casino, the coastal path, Spain just a few minutes away, etc.



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This touristic, family destination, with its mild climate, where every season feels like summer, is just waiting for you. Thalazur Port-Camargue, located at the very heart of the Grau-du-Roi seaside resort, invites you to indulge in a wellness getaway in the land where the sun always shines!

Hotel Thalazur Port-Camargue****

The establishment boasts 87 rooms with balcony or terrace. It also features a panoramic restaurant and bar offering an exceptional vista over Aigues-Mortes Bay (on the 6th floor, closed at lunchtime from 1st May to 30th September), as well as Le M'Plage Beach Restaurant, open from May to September, with sun-loungers for hire, and 4 meeting rooms for your seminars and events. And, don't forget to make the most of the heated outdoor freshwater pool (from April to September).

ON-SITE THALASSOTHERAPY & SPA

Seawater Spa

Heated seawater trail with swan necks, whirlpool seats and underwater jets.



Relaxation & fitness spaces

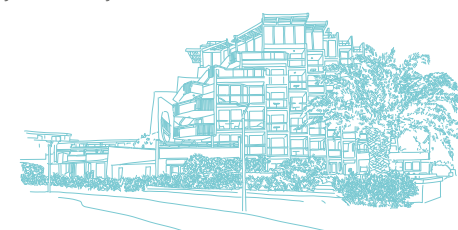
Sauna and hammam Cardio-fitness room: elliptical trainer, treadmill, ergonomic bike, rowing machine (free access from 7am to 11pm). Rest room with vista over the unspoiled dunes, herbal-tea lounge.

Hydrotherapy space

Hydrotherapy treatments: body wraps, baths, jet showers, seawater-mist massages, etc.

Beauty Spa

- Scrubs, massages, rituals, etc.
- Thalgo Beauty
- Payot Beauty

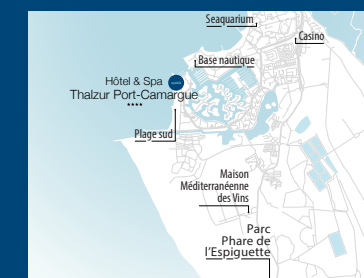


PRACTICALS

- Right on the water's edge, located on an unspoiled beach and bordering Europe's largest marina
- Direct access to the beach with a restaurant and beach with 100 sun-loungers in high season
- Free access for thalasso guests to the Seawater Spa and relaxation & fitness spaces
- On-site pay-per-use bike rental
- Private car park (free)

OUR ACTIVITIES NEARBY

- One of the most exquisite kitesurfing spots in the Mediterranean, catamaran, jet-skiing, etc.
- Golf, tennis courts, etc.
- Seaquarium, l'Espiguette beaches classified as a natural site, the medieval town of Aigues-Mortes, Listel Wine Estate for a tour and wine-tasting, nature discovering behind the wheel of an off-roader, casino, boat trips



227, route des Marines
30240 Le Grau-du-Roi
Tel: +33 (0)4 66 73 60 60
port-camargue@thalazur.fr



scan to access Thalazur Port-Camargue directly



An invitation to indulge in intimate luxury on the waterfront, a haven boasting mineral scencescapes, a gastronomic restaurant and direct access to its beach. *****Thalazur Bandol-Île Rousse with its 5-star comfort, overlooking Rènecros Bay, welcomes you to an exceptional setting wide open to the Deep Blue.

Hotel Thalazur Bandol - Île Rousse*****

This interlude at the heart of Bandol boasts 67 rooms and suites, Michelin Guide-recommended Les Oliviers gastronomic restaurant, its Lumière bistro, its beachside La Goélette Restaurant, with sun-loungers for hire (from May to September), a heated outdoor seawater pool (from April to October), all offering a spectacular vista over Rènecros Bay. A private space overlooking the sea, dedicated to your professional and family events is also available.

ON-SITE THALASSOTHERAPY & SPA

Seawater Spa

Heated seawater trail overlooking Rènecros Bay, with jacuzzi, geyser, swan necks, aquabeds and hydromassage seats.



Relaxation & fitness spaces

Sauna, hammam, cardio-fitness room, rest room with panorama over Rènecros Bay.

Hydrotherapy space

Seawater treatments (hydromassage sea baths, body wraps, oscillating showers, etc.).

Beauty Spa

- Revitalizing treatments with Thalazur Bandol's exclusive creations
- "Origin" scrubs, massages from around the world, spa rituals
- Duo treatment booth with private jacuzzi and hammam
- Carita body and facial treatments
- Thalgo Beauty



PRACTICALS

- An exceptional location with direct access to Rènecros Beach (sun-loungers available to hire at extra cost)
- A 5-minute walk from Bandol centre
- Sensorial thalasso with bespoke care
- Free access to the fitness room
- Valet parking with private car park at extra cost

OUR ACTIVITIES NEARBY

- Compact 6- and 18-hole golf courses, tennis, padel tennis, motorsport driving on the Paul Ricard race track, sailing, SUP, kayaking, boat and e-bike hire, and a host of other activities and visits around the region on advice from our Concierges.



25, boulevard Louis Lumière
83150 Bandol
Tel: +33 (0)4 94 29 33 05
thalasso.bandol@thalazur.fr



scan to access Thalazur Bandol - Île Rousse***** directly



Thalazur Antibes, nestling on the hillside overlooking the town, is the ultimate Mediterranean destination, perfect for getting away from it all! An opportunity to discover the benefits of Thalassotherapy in a dreamlike setting, while enjoying the French Riviera's exceptional climate.

Hotel Thalazur Antibes****

The establishment offers 116 rooms and suites along with accommodation in its Baie des Anges holiday residence that features 35 studios and 11 apartments, as well as 5 meeting rooms for your seminars and events. Delight in a delicious break in the Angelus Restaurant-Bar and admire the panoramic view of the Baie des Anges (Angel Bay). The three outdoor seawater pools (one of which is heated during the season) as well as the lounge terrace invite you to indulge in relaxing moments.

ON-SITE THALASSOTHERAPY & SPA

Seawater Spa

Heated seawater trail with whirlpool seats, underwater jets, swan necks and jacuzzi. Heated seawater treatment pool with underwater jets.

Relaxation & fitness spaces

Sauna, hot hammam and warm hammam for treatments. Cardio-fitness room, rest room and herbal-tea lounge.

Hydrotherapy space

Hydrotherapy treatments, body wraps, etc. Duo hydrotherapy booth.

Beauty Spa

- Expert treatments: osteopathy, sophrology, acupuncture, etc.
- Scrubs, massages, rituals, etc.
- Duo spa suite
- Thalgo Beauty
- Payot Beauty

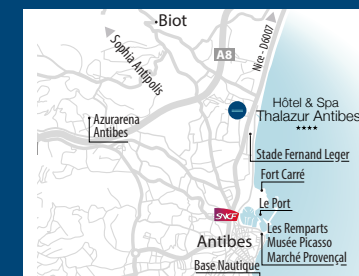


PRACTICALS

- Set in a peaceful neighbourhood in an outstanding location with a breathtaking vista over the Baie des Anges (Angel Bay)
- Free access to the seawater spa and relaxation & fitness spaces
- Transfers organized to/from Nice Côte-d'Azur Airport
- Private car park (free)
- Pay-per-use charging stations outdoors

OUR ACTIVITIES NEARBY

- Golf courses, hiking trails, e-bike tours, SUP, jet-skiing, sea kayaking, diving, etc.
- Cap d'Antibes, Biot and its glassmakers, Cannes and its Croisette, old Nice, the Promenade des Anglais, Saint-Paul-de-Vence, Grasse and its perfumeries, etc.



770, chemin des Moyennes Bréguières
06600 Antibes
Tel: +33 (0)4 92 91 82 00
antibes@thalazur.fr



scan to access Thalazur Antibes directly

THALAZUR: COMMITMENT IN ACTION(S)

Perhaps we're just a drop of water in the ocean that we owe so much to. Yet... Here, at Thalazur, we don't claim we can change things overnight. But we firmly believe that every gesture, no matter how small it may be, can help spark a lasting change in behaviour, so we consume less, we consume better, in ways that respect nature and Humankind.

Our ambition? To make environmental, social and societal progress every day. And to establish new codes for a hospitality sector that is ethical, high-quality, enhanced with a dash of glamour, on a par with your expectations.

The Thalazur spirit, naturally committed!

82%

of our employees
are proud to work
for the Thalazur brand
(source: Pragma 2024
in-house survey)

55%

of women and
45% of men:
managerial parity

90%

is our excellent overall
customer satisfaction
score and we'd like
to thank you for this!
(source: Trust You 2024)

8/9

of our hotels are Green
Key-labelled
*Thalazur Carnac is currently
closed for make-over*

FONDATION
DE LA MER

THALAZUR AND THE FONDATION
DE LA MER: the start of a new
adventure

Through its various initiatives, the Fondation de la Mer (French Sea Foundation) rolls out a host of programmes to protect biodiversity, tackle pollution, support research and innovation, involve businesses and raise awareness among young people and the general public to preserving our seas and oceans. As such, it was only natural for Thalazur to join forces with this leading organization and work alongside it as a hospitality sector player. In 2025, campaigns will be launched in our 9 hotels, initiated by our head office, to give the Fondation de la Mer our full support and contribute for the sake of the common good.



IT'S A DONE DEAL!

- **100% of our establishments have adopted soft mobility:** bikes and electric charging stations are available for our guests everywhere in all our destinations.
- **100% have rolled out at least 1 solidarity-charity-based initiative** for an association in their region. Because we're proud of our roots along the French coast, we believe we have a role to play, hand-in-hand with local communities.
- **100% invite to delight in cuisine that respects** our guests' wellness and the environment, through a wide array of varied, balanced dishes, with the emphasis on locally-sourced produce. Our menus include a vegetarian-vegan selection every day.
- **80% have introduced alternatives** to chemical cleaning products (black soap, white vinegar, steam cleaning, etc.).
- **100% of our hospitality products are created taking their environmental footprint into account** throughout their life cycle. For example, our comfort kits are 100% paper packaging and our Thalazur Marine Garden range comprises at least 90% of ingredients of natural origin.

EARLY BIRDS

Up to
-20%

off your stay for all bookings made **at least 60 days prior your arrival date.**

SPECIAL DEAL

Up to
-10%

of your stay for all bookings made at least **between 7 days and 60 days before your arrival date** (depending on dates and availability).

SINGLE ROOM SUPPLEMENT OFFER

You don't pay any extra for a single room **at certain times of the year** (get in touch with us).

ACCOMPANYING PERSON SUPPLEMENT

You don't pay any extra for the non-thalasso accompanying person when you book for a **3 days/3 nights Mother & Baby Interlude.**



View booking terms and conditions for these offers in our General Terms & Conditions of Sale by scanning the QR code or on our www.thalazur.fr website

LOWEST RATES for early birds

To ensure we offer you the best prices and latest offers, **Thalazur applies dynamic pricing.** This means our prices change based on the occupancy rate in our establishments. Our teams are on hand by mail and phone to advise you on the best possible options for the periods you've chosen!

DEDICATED team

Our team of Thalazur Experts, based in Levallois-Perret (in the Paris area), in Carnac (Brittany) and in Saint-Jean-de-Luz (Basque country), is **on hand to answer your questions, provide you with quotes and take your bookings, from Monday to Friday from 9am to 7:30pm and at weekends from 9:30am to 5:30pm, non-stop.** Get in touch with us by phone or mail and we'll answer you as quickly as possible!

BEST PRICE guaranteed

Thalazur is committed to **offering you the best price for the services you choose.** This means you won't find a more attractive rate elsewhere for a similar service. Should you have any doubts or questions, our teams are on hand to make any comparisons required and advise you in the best possible way!

NEW COSMETICS RANGE



THALAZUR

jardin marin



unconditional wellness,
enhancing beauty

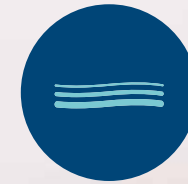
Here, where the sea and the land, our sources of life, merge as one, Thalazur has drawn on its 20 years of Thalassotherapy expertise to imagine a range of cosmetics filled with beneficial properties.

This new cosmetics collection, comprising 90% ingredients of natural origin, highlights the positive effects of meticulously-selected marine and plant active ingredients on overall beauty.

Each Thalazur jardin marin product has its own special virtues. Moisturising, antioxidant, smoothing, exfoliating, nourishing, protective and toning actions, depending on the active ingredients in each formula, offering you unconditional wellness, enhancing beauty.



scan to access our online boutique
and discover the full
Thalazur jardin marin range



GIFT IDEAS

Imagine thalasso, offer Thalazur



scan and discover all our gift boxes

www.thalazur.fr



INFORMATION, QUOTES AND
BOOKING

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